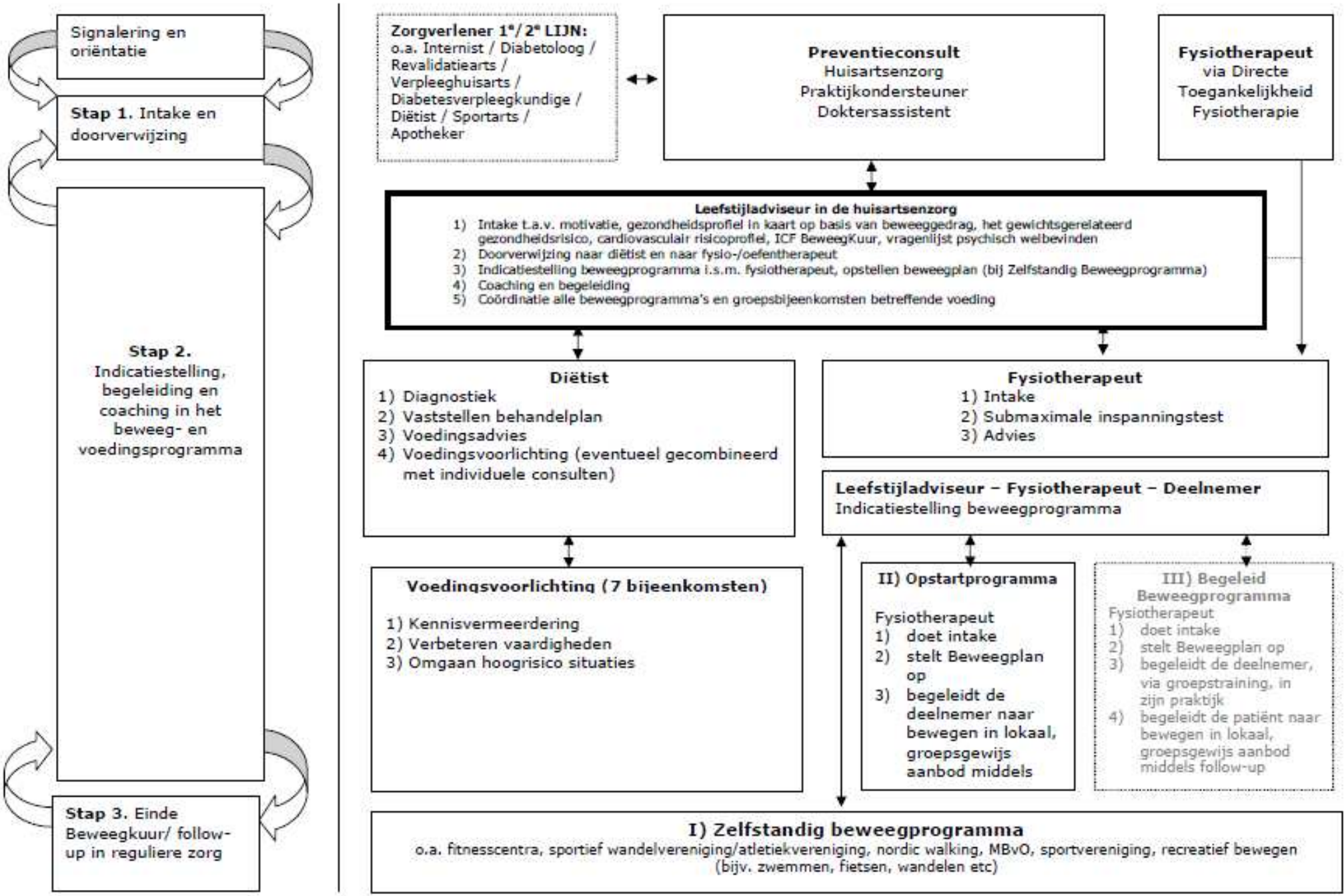Bijlage 1 Algemeen stroomdiagram BeweegKuur